

2009 GNT Duathlon Team

02:15:37	Steyn	Andrea	AG 25-29 F	GNT/1013/09
02:29:45	de lange	Riana	AG 25-29 F	GNT/1109/09
02:47:21	van Greunen	Jeane	AG 25-29 F	GNT/1131/09
CGT Champs	Janse Van Rensburg	Winia	AG 30-34	GNT/1100/09
02:21:08	V Vuuren	Yolandi	AG 35-39 F	GNT/1116/09
02:36:39	Fischer	Lynette	AG 50-54 F	GNT/1016/09
03:11:06	Claassen	Stephanie	AG 55-59 F	GNT/1026/09
02:02:05	Combrink	Gawie	AG 20-24 M	GNT/1070/09
02:04:07	Burger	Berndt	AG 20-24 M	GNT/1097/09
02:09:06	Vd Mescht	Pieter	AG 20-24 M	GNT/1233/09
02:12:45	Keet	Charl	AG 20-24 M	GNT/1040/09
CGT Champs	Komape	Thabiso	AG 20-24 M	GNT114509
02:17:24	Peterkin	Iain	AG 20-24 M	GNT/1099/09
02:18:17	de Freitas	Jonathan	AG 20-24 M	GNT/1039/09
02:19:28	Mienie	Francois	AG 20-24 M	GNT/1034/09
02:20:41	Rasimphi	Melton	AG 20-24 M	GNT/1007/09
02:07:33	Pretorius	Johan	AG 25-29 M	GNT/1125/09
02:15:00	Maree	Phillip	AG 25-29 M	GNT/1130/08
02:26:52	Kapp	Karel	AG 25-29 M	GNT/1042/09
02:16:07	Van Greunen	Derik	AG 30-34 M	GNT1057/09
02:39:49	Venter	Riaan	AG 30-34 M	GNT/1065/09
02:21:52	Harms	Vernon	AG 35-39 M	GNT/1114/09
CGT Champs	Kolela	Isaac	AG 35-39 M	GNT114409
02:11:16	Buys	Johan	AG 40-44 M	GNT/1095/09
02:14:49	Harms	Andreas	AG 40-44 M	GNT/1149/08
02:25:23	Dutton	Dale	AG 40-44 M	GNT/1009/09
CGT Champs	Thiart	Coenie	AG 45-49 M	GNT/1102/09
	De Beer	Andre	AG 45-49 M	GNT/1067/09

02:30:32	Cullinan	Dominic	AG 45-49 M	GNT/1014/09
02:37:33	Holtzhausen	Archibald	AG 45-49 M	GNT/1122/09
02:39:08	Foley	Leonard	AG 45-49 M	GNT/1075/09
02:26:39	Cochran	David	AG 50-54 M	GNT/1129/09
02:28:58	Page	Leon	AG 50-54 M	GNT/1085/09
02:31:03	Fourie	David	AG 50-54 M	GNT/1119/09
02:23:29	Entres	Philip	AG 55-59 M	GNT/1106/09
02:45:32	Patten	Tony	AG 55-59 M	GNT/1064/09
02:47:15	Vd Merwe	Abel	AG 55-59 M	GNT/1020/09
02:51:04	van Niekerk	Gerrit	AG 60-64 M	GNT/1087/09
04:06:55	Muir	Neville	AG 70+ M	GNT/1010/09

01:21:53	Prinsloo	Mary-Jane	Junior (16-17) F	GNT/1050/09
01:04:08	Fischer	Carlyn	Junior (18-19) F	GNT/1017/09
01:02:36	Sullwald	Wian	Junior (16-17) M	GNT/1074/09
01:08:03	Patten	Kevin	Junior (16-17) M	GNT/1053/09
01:09:20	Malindisa	Sphiwe	Junior (16-17) M	GNT/1143/09
01:11:15	Bomba	Amos	Junior (16-17) M	GNT/1142/09
01:12:07	Weeks	Thomas	Junior (16-17) M	GNT/1092/09
00:59:02	Avenant	Jan Chris	Junior (18-19) M	GNT/1126/09
01:03:19	de Lange	Estiaan	Junior (18-19) M	GNT/1108/09
01:04:48	Gordon	Alan	Junior (18-19) M	GNT/1117/09
01:11:18	Holtzhausen	Dirk	Junior (18-19) M	GNT/1123/09

00:47:37	Marais	Anita	Junior (12-13) F	GNT/1077/09
00:54:13	Robbertze	Gadiel	Junior (12-13) F	GNT/1127/09
01:07:22	Nthabiseng	Jane	Junior (12-13) F	GNT/1140/09
00:43:04	Prinsloo	Charme	Junior (14-15) F	GNT/1049/09
00:49:52	Marais	Magriet	Junior (14-15) F	GNT/1124/09
00:46:55	Moleele	Peter	Junior (12-13) M	GNT/1153/09

00:49:00	Dutton	Russell	Junior (12-13) M	GNT/1090/09
00:54:20	Ringane	Thabiso	Junior (12-13) M	GNT/1132/09
00:54:28	Chauke	Kenny	Junior (12-13) M	GNT/1151/09
CGT Champs	Nkgudi	Kamogelo	Junior (12-13) M	GNT11309
00:40:25	Nkambule	Slindile	Junior (14-15) M	GNT/1146/09